

Health

Good health is important at every level within a country. Not only does it allow individuals to live their lives with minimal suffering, but enables them to develop the lives of their families, contribute to the improvement of their communities and increases the stability of their country's economy.

Our current focus is mental health, a greatly under-resourced area. Often a hidden problem in many communities, a lack of understanding of the condition coupled with few facilities and social stigma causes many patients to be left untreated.



Examples of CWW Health Partners

India

- **SNEHA:** CWW delivery partner SNEHA (The Society of Nutrition, Education & Health Action) was set up to improve the welfare of women and children in urban slums. SNEHA operate a newborn health project in partnership with the public health and local communities to improve primary care and support to mothers with new babies. Vulnerable women and children and street children have access to health care and support from the SNEHA Centre.

The Balkans

- **Sarajevo:** CWW is currently working with three NGO's based in Sarajevo, helping to build the capacity of organisations delivering social and educational child and youth services, developing family based services for children without parental care and other forms of therapy for children and families at risk.

Bangladesh

- **Centre for Disability in Development:** Aiming for equality of people with disabilities, CDD works to extend services to disabled people in the community. Its work includes the production of materials for raising awareness on disability issues, and building the capacity for disabled groups through education, information technology and communication tools.



PARTNERSHIPS FOR GLOBAL HEALTH CHANGE

Recognising the immense scale of global health problems, the United Nations, governments and other institutions have agreed targets for improving health provision. Three of the Millennium Development Goals focus on health, aimed at reducing child mortality, improving maternal health and combating HIV/AIDS, malaria and other diseases.

In the UK the Department of Health, NHS and the British Medical Council have all identified the contribution UK health professionals can make to improving health sector systems, skills and service delivery in developing countries.

CWW have delivered two mental health programmes this year, in Ghana and the Balkans. Both are continuing to be developed and we anticipate expanding into other countries in the near future.

Case Studies...

CWW Strategic Delivery Partner: Royal College of Psychiatrists

CWW Supply (Employer) Partner: South West London St Georges NHS Mental Health Trust

CWW Delivery Partner: Ghana Health Service

CWW Volunteer: Dr Norman Poole

CWW has worked with the Royal College of Psychiatrists and South West London St Georges Mental Health Trust over the last two years to develop a unique programme which provides skill share opportunities for Doctors as part of their specialist training.

From June – August 2007 the first Doctor (Dr Poole) successfully completed a three month assignment with the Ghana Health Service working primarily from Pantang Hospital in the capital, Accra. Dr Poole combined some clinical work, outreach and on-the-ward training with implementing other systems to help with the development of existing services.

"The Charge Nurse told me that my introduction of ward rounds had made a big difference. Violence had reduced, there was less psychotic behaviour, a few discharged, a happier place to work and they now had the ability to get on with more nursing type activities."

The programme is supported by the Royal College President Professor Sheila Hollins: *"I am thrilled that the Trust is supporting this initiative with Ghana health services by making it possible for senior trainee psychiatrists to gain three months experience in another country. The Trust is collaborating with the College and Challenges Worldwide to ensure these placements will provide some continuity of support to mental health services in Ghana. By experiencing mental health care in Ghana, NHS professionals will widen their own understanding of the situation there while at the same time sharing their own skills and knowledge."*



**University of Denver, Graduate School of Professional Psychology:
June - August 2007.**

CWW has been working with the University of Denver over the last year to deliver a program of work with students of their **International Disaster Psychology** program.

The program is unique in that it trains mental health clinicians to address the psychological & psychosocial needs of international communities who are adversely impacted by disasters such as war, political violence, natural disasters, and the AIDS epidemic.

From June 07, 25 of the Disaster Psychologists worked with NGO's throughout Bosnia, Croatia and Serbia, looking at the rise of post traumatic stress disorder related issues and assisting in the delivery and development of psychosocial programs for people affected in different ways by the trauma of war.

